TOTAL POSITIVE CASES OF COVID-19 = 1016

CONFIRMED POSITIVE TODAY = 7
ACTIVE CASES TILL DATE = 582
CURED/ DISCHARGED TILL DATE = 409
DEATHS TODAY = 0

LIST OF DISTRICTS IN THE STATE WITH ZERO (0) ACTIVE CASES

1. Siddipet
2. Mahabubabad
3. Mancherial
4. Narayanpet
5. Wanaparthy
6. Peddapalli
7. Warangal (Rural)
8. Bhadrachalam
9. Nagarkurnool
10. Mulugu
11. Yadadri

HIGHLIGHTS

It is overwhelming to announce that a baby boy of Mahbubnagar district with COVID-19 is cured and discharged today from Gandhi Hospital. The baby contacted the infection from his father and was 20 days old at the time of admission and now he is 45 days old at the time of discharge. He is probably the youngest person in the country to have contacted the infection and recovered successfully.

HELPLINES

1. Any Citizen in need of information on COVID-19 may call 104
2. Any Citizen in need of mental health/ counselling services may call 108

ADVISORY AND APPEAL TO THE GENERAL PUBLIC

➢ The Citizens are requested to wear face masks as it is the first line of defense against infection. Homemade double layered face masks are effective in preventing infection. The masks should not be frequently adjusted by touching on the outer surface. They should be washed every day and can be reused.
➢ In case of any Flu like symptoms (cough, sore throat, running nose, fever, difficulty in breathing, body pains and headache) even without travel history / contact history, it is requested to report to the nearest government health facility.
➢ The Citizens are requested to reach out and report to the nearest government health facility in case they have travelled to Markaz, Delhi OR contacted any person who has travelled to Markaz, Delhi.
➢ The Citizens are requested to adhere to the lockdown guidelines and stay indoors. Staying indoors is the best prevention strategy.
➢ To ensure that freshly cooked food and safe potable water is consumed. Eat fresh fruits every day and drink plenty of water.
➢ Senior citizens are requested to stay indoors, not to venture out and to take regular medication for other conditions like Diabetes, Hypertension etc.
➢ To maintain personal hygiene, hand hygiene, social distancing, cough hygiene. Frequent hand washing with frothing soap is the best preventive measure.
➢ In view of lockdown, the citizens are encouraged to ensure adequate physical activity by simple exercises, yoga, meditation.

Sd/-
Director Public Health & Family Welfare
Telangana